

Name: \_\_\_\_\_

# WHAT DO YOU KNOW?

1) Which system brings oxygen into your body and removes carbon dioxide?  
(Circle the correct response.)

A. Respiratory system

B. Digestive system

C. Circulatory system

D. Integumentary system

2) Which system transports oxygen and nutrients to the cells in your body?  
(Circle the correct response.)

A. Respiratory system

B. Digestive system

C. Circulatory system

D. Integumentary system

3) True or false: exercise increases heart rate. (Circle the correct response.)

True

False

4) True or false: exercise decreases respiration rate. (Circle the correct response.)

True

False