

Name: \_\_\_\_\_

# WHAT DID YOU LEARN?

1) What system removes carbon dioxide and waste from the cells in your body?  
(Circle the correct response.)

A. Respiratory system

B. Digestive system

C. Circulatory system

D. Integumentary system

2) What system removes carbon dioxide from your body and brings in oxygen?  
(Circle the correct response.)

A. Respiratory system

B. Digestive system

C. Circulatory system

D. Integumentary system

3) What effect does exercise have on heart rate?

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4) What effect does exercise have on respiration rate?

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